

# Sit-up/ Back Extension

SKU: 622ft235



## Product Information:

The Sit-Up/ Back Extension is a dual ab exercise machine. The Sit-Up bench has perforations for air flow providing comfort and quick drainage after rain.

Available in J-bolt footing, Inground, and Surface Mount.

- Place arms across chest, lean back until your back is just off the bench and repeat
- Combines two core exercises in a single piece of equipment for an optimal space saving design
- Steel construction with rust resistant coating

Fitness Focus

Color Options

Age

Dimensions

Minimum SqFt

Core

ActionFit

13 and up

52" x 47" x 36"

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